



mPprj ek/; fed fo|ky; ka ea v/; ; ujr fo|kffkz; ka ds eM; ka ij pyfp= ds i Hkko dk v/; ; u

ifrHkk शर्मा <sup>1</sup> Ph. D. & ixfr l DI uk<sup>2</sup>

<sup>1</sup>, l kfi , V i koi j] , eO, MO foHkx] cjsyh dkyst] cjsyh Mdi D% Hkjr [dr.pratibhasharma2010@gmail.com](mailto:dr.pratibhasharma2010@gmail.com)

<sup>2</sup>, eO, MO Nk=k] , eO, MO foHkx] cjsyh dkyst] cjsyh Mdi D% Hkjr

**Abstract**

pyfp= dby eukjat u dk l kku ugh g\$ cYd bl ds ek/; e l s vud dykva dk Hkh fodkl gya t gk pyfp= l s vud yHk g\$ ogk dN gfu; k; Hkh gA pyfp= ns[kdj n"kd thou dh okLrfodr l s nji gkdj gobz fdys cukus yxrk gA i Lrj v/; ; u dk mis; mPprj ek/; fed fo|ky; ka ea v/; ; ujr fo|kffkz; ka ds foHkku eM; ka ij pyfp= ds i Hkko dk fyx (Nk= , oa Nk=kva) , oa cMz ( ; Di ho cMz , oa l hocho, l Obz cMz) ds l UnHk ea nyukRed v/; ; u djuk FkAi Lrj v/; ; u grq o. kZukRed l oFk. k fofk vj\$ cfrn'kz p; u ds fy, ; knfPnd fofk dk iz lx fd; k x; k A bl v/; ; u es mDi D jkT; ds : gsy [k. M i fj {ks= ds vlrXr cjsyh egkuxj ds Di ho cMz rFk l hocho, l OI ho cMz ds mPprj ek/; fed fo|ky; ka ea v/; ; ujr fo|kffkz; ka es l s 109 fo|kffkz; ka dk p; u cfrn'kz ds : i es fd; k x; ka i Lrj v/; ; u grq MO egky{eh vks>k vj\$ MW jkt dpek vks>k\* }kj k fufeR eM; vFkfol; kl i jh{k.k\* dk iz lx fd; k x; k A cLrj v/; ; u ea foHkku fyx , oa cMz dfo|kffkz; ka ea foHkku eM; ka ij pyfp= ds i Hkko dh dFV l s l kffz vlrj ugh ckr gya A

ewy अकन% eM; , pyfp=, mPprj ek/; fed fo|ky; , fyx , oa cMz



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çLrkouk

; g l ofofnr rF; g\$ fd pyfp= dby eukjat u dk l kku ugh g\$ cYd bl ds vU; yHk Hkh g\$ ; Fk bl us jæep dk fodkl djus ea egROI i kZ Hkfedk fuHkkoZ g\$ A ukVdka ea cgr l s n"; ka dks vL kuh l s ugha fn [kk; k tk l drkyfdu mlga pyfp= cMh l jyrk l s fn [kkus ea l eFkz gA pyfp= ds ek/; e l s vud dykva dk Hkh fodkl gya cM&cM+ l vka ds yxus ea efrZdyk vj\$ okLrj dyk ds fodkl ea Hkh pyfp= us egROI i kZ Hkfedk fuHkkoZ gA t gk pyfp= l s vud yHk g\$ ogk dN gfu; k; Hkh gA pyfp= ns[kdj n"kd thou dh okLrfodr l s nji gkdj gobz fdys cukus yxrk gA pyfp= ka ea vf/kdkr% i e&dgfu; ka fn [kkbz tkrh gA dgh&dgha v"yhyrk fn [kkus ea Hkh l dckp ugh fd; k tkrk gA bl dk fd"kkj eu ij cjk i Hkko i MfK gA os NkVh mez l s gh vi us vkoxka ij l s fu; æ. k [kks cBrs gA foHkku v/; ; uka l s Hkh i fV gpz g\$ fd Vyhfotu ij fgd kRed ?kVukvks dks fn [kkus l s ckydks ds eu ea vl j {kk dh Hkkouk dk tle gkrk g\$ rFk muds O; fDro ij udkj kRed i Hkko i MfK gA YheksV d\$ ksyh ; kus, 2005/A

egku eukoKkfud l; kts egkn; ds vuq kj fd"kkj koLFk ea ckyd pyfp= l s l cl s vf/kd i Hkfor gkrk g\$ D; kfd rc ml ds vlnj Loræ pruk dh Hkkouk rFk pyfp= dk vi us vuq kj eM; kadu djus dh {kerk vk tkrh gA (ektTjYyk] 2007) Avk/kfud l e; ea pyfp= rFk vU; l pkj ek/; e gekjs fd"kkj ko; ckydka ds eM; kd eM; ka dks fd l izdkj i Hkfor dj jgs g\$ bl dk , d vupku vefj dh y[kd tjh tklu u (ekp] 1991) dh i qrd 'bV fdfyx vkkoj pkBYM\* l syxk; k tk l drk g\$ ft l ds vuq kj ; ukbVM LVS ea tc fd"kkj 10oh d {kk i kl djrk g\$

rc rdog gr; k, fl xjv/ rFkk शकिक ds gtkjka dk; De ns[k ppk gkrk gsmuds fy, fl xjv/ तथा शराब पीना शकु  
dh ckr gSA

mi jkæfu"d"lz Hkys gh vefj dk ds gks fdUrq Hkkjr ea Hkh fLFkr vf/kd fHkUu ugha gS D; kfcd Hkæ. Myhdj .k ds bl nkj  
ea Hkkjr dk fd"kkj oxz Hkh bl l s vNark ugha jgk gA gekjs fd"kkj o; fo |kFkz oxz ij Hkh pyfp= dk 0; ki d i Hkko  
i Mk gS vkj ml dk iæ[k dkj .k pyfp= dk l gt mi yC/k gkuk gA vkt gea i R; d ?kj ea Vh0oh0 vo"; ns[kus dks  
fey tkrk gA ; gh dkj .k gS fd tks cPpa fd h dkj .k l s Ldny ugh tk ikrs gS os Hkh pyfp= vo"; ns[krs  
gA; |fi l DI suk ½2000½ us vius v/; ; u es l ekt dks f"kf[kr djus ea Vsyhfotu dh egROI w lz Hkfiedk ik; hA

dkj ½2003½ us l pko fn; k fd fd"kkj विद्यार्थियों को शैक्षिक एवं मनोरंजक कार्यक्रमों के साथ-साथ l keftd]  
l kldfrd rFkk vl; ; , s dk; Deks को भी महत्व देना चाहिए जो शैक्षिक मूल्यों के विकास में सहायक होते हैं तथा  
fo |kFkz ks dks viuh i kphu l kldfr ij dkj k?kkr djus okys dk; Deks dks ns[kus l s cpuk pkfg, A pkj h ½2007½ ds  
vuq kj fo |kFkz ks dks mu pyfp=ks dks ns[kus ds fy, ifjr djuk चाहिए जिन्हे देखने से उनमें उचित शैक्षिक मूल्यों  
dk fodkl gks l ds l kFk gh fo |kFkz Hkfo"; ea ifr"Bk ikr dj l dAशर्मा (2012) ने पाया कि njn"ku ns[kus okys  
rFkk u ns[kus okys विद्यार्थियों के शैक्षिक मूल्यों में अंतर है A शक्ति (2013) ने शहरी एवं ग्रामीण क्षेत्रों के किशोर  
fo |kFkz ks ds pyfp= l s i Hkfor eW; vfHkfol; kl dk v/; ; u fd; k rFkk fu"d"lz में पाया कि ग्रामीण एवं शहरी सभी  
Nk= , D Nk=kvks ds eW; ks ij pyfp= dk i Hkko i Mrk gSA

i Lrq शकिक ea eW; \* in l s vk"k; mu l keftd ] l kln; kRed ] vkfkd ] /kfed ] jktufrd rFkk  
l s kUrd vkn"kkz l s gftudk fuekz k ekuo thou dks l R; rk rFkk vkn"kkz dh LFki uk ds fy, fd; k x; k gA  
v/; ; u ds mnns"; %&i Lrq "kksk ds iæ[k mnns"; bl iækj gS &

1. mPprj ek/; fed fo |ky; ka ea v/; ; ujr fo |kFkz ka ds fofHkUu eW; ka ij pyfp= ds i Hkko dk fyx (Nk= , oa  
Nk=kvk) ds l UnHkz ea rgyukRed v/; ; u djuk A

2. mPprj ek/; fed fo |ky; ka ea v/; ; ujr fo |kFkz ka ds fofHkUu eW; ka ij pyfp= ds i Hkko dk ckMZ (; D i hO  
ckMZ , oa l hOcho, l Obz ckMZ) ds l UnHkz ea rgyukRed v/; ; u djuk A

3. mPprj ek/; fed fo |ky; ka ea v/; ; ujr fo |kFkz ka ds fofHkUu eW; ka ij pyfp= ds i Hkko dk ckMZ rFkk  
fyxnkuka ds l UnHkz ea rgyukRed v/; ; u djuk A

v/; ; u dh ifjdYi uk; %&i Lrq v/; ; u dh ifjdYi uk; bl iækj gS &

1- mPprj ek/; fed fo |ky; ka ea v/; ; ujr fo |kFkz ka ea (fyx ds l UnHkz ea fofHkUu eW; ka ij pyfp= ds i Hkko  
dh d"V l s l kFkd vLrj ugh gA

2- mPprj ek/; fed fo |ky; ka ea v/; ; ujr fo |kFkz ka ea (ckMZ ds l UnHkz ea fofHkUu eW; ka ij pyfp= ds i Hkko  
dh d"V l s l kFkd vLrj ugh gA

3- l hOcho, l Obz ckMZ ds mPprj ek/; fed fo |ky; ka ea v/; ; ujr Nk= , oa Nk=kvka efofHkUu eW; ka ij pyfp=  
ds i Hkko dh d"V l s l kFkd vLrj ugh gA

4- ; D i hO ckMZ ds mPprj ek/; fed fo |ky; ka ea v/; ; ujr Nk= , oa Nk=kvka efofHkUu eW; ka ij pyfp= ds i Hkko  
dh d"V l s l kFkd vLrj ugh gA

5- l hOcho, l Obz o ; D i hO ckMZ ds mPprj ek/; fed fo |ky; ka ea v/; ; ujr Nk=ka efofHkUu eW; ka ij pyfp= ds  
i Hkko dh d"V l s l kFkd vLrj ugh gA

6- I h0ch0, l ObD o ; 0i h0 ckMZ ds mPprj ek/; fed fo | ky; ka ea v/; ; ujr Nk=kvka efofHkUu eW; ka ij pyfp= ds i Hkko dh ॡV l s l kFkZd vUrj ugh gA

v/; ; u fof/k & i Lrj v/; ; u grrq 0. kZkRed l o{k.k fof/k\* dk q; kx fd; k x; kA

tul a[; k & i Lrj v/; ; u ea mRrj i n's'k jkT; ds : gsy [k.M ij {ks= ea fLFkr cjsyh egkuxj ds ; 0i h0 rFk l h0ch0, l 0i h0 ckMZ ds mPprj ek/; fed fo | ky; ka ea v/; ; ujr l eLr Nk=&Nk=kvka dks tul a[; k ds : i ea l fefyr fd; k x; k A

i frn''k&i Lrj v/; ; u ea i frn''kz p; u ds fy, ; knfPNd fof/k dk iz kx fd; k x; k Abl v/; ; u ea ; 0i h0 ckMZ rFk l h0ch0, l ObD ckMZ ds mPprj ek/; fed fo | ky; ka ea v/; ; ujr fo | kFkZ ka ea l s 109 Nk=@Nk=kvka dk p; u i frn''kz ds : i ea fd; k x; k A

v/; ; u mi dj .k %&v/; ; u ds mnfn's' ; ka dks /; ku ea j [krs gq i Lrj v/; ; u grrq 'MkO egky {eh vks>k vkj MkW jkt dpxj vks>k\* } jk fufeh ^eW; vFHkfol; kl ij h{k.k\* dk iz kx fd; k x; kA ; g ij h{k.k fo | kFkZ ka ea 6 eW; k& Lkkeftd eW; ] l kIn; kRed eW; ] vkfFkZd eW; ] /kfezd eW; ] jktu'rd eW; rFk l S) kFUr d eW; ka dk eki u djrk gSA

iz 0r l kf [; dh; i fof/k; k; %&i Lrj v/; ; u ea e/; eku] Ekkud fopyu rFk0kFUr d vujkr vFok ^Vh\* ij h{k.k l kf [; dh; fof/k; ka dk iz kx fd; k x; k gA

i nRr fo' ys''k.k , oa 0; k [; k %&

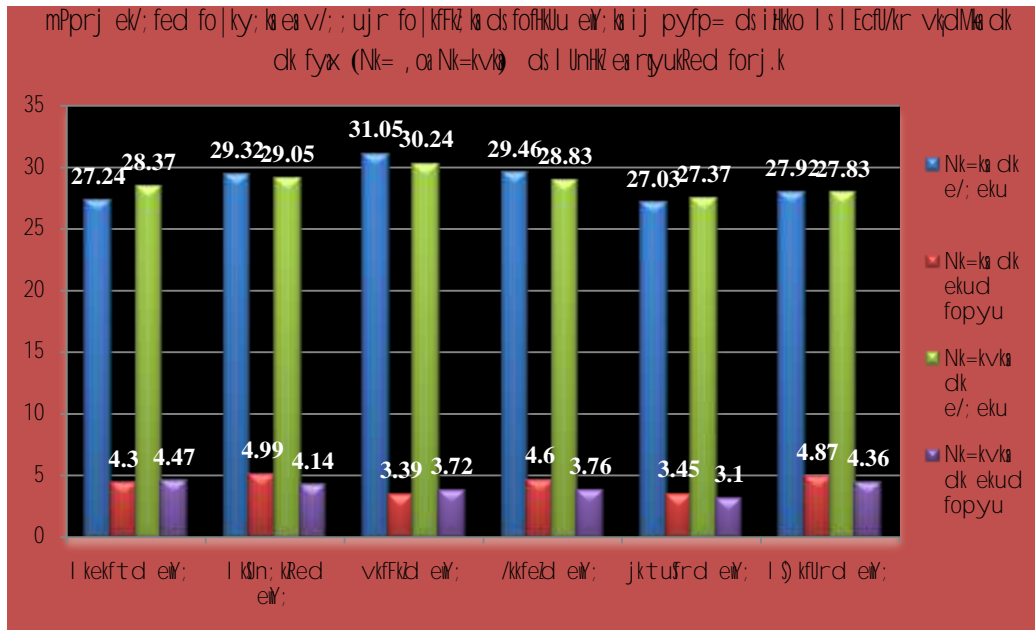
rkydk l a[; k & 01 mPprj ek/; fed fo | ky; ka ea v/; ; ujr fo | kFkZ; ka ds fofHkUu eW; ka ij pyfp= ds i Hkko l s l EcfU/kr vkqMka dk dk fyax (Nk= , oa Nk=kvka) ds l UnHkZ ea rgyukRedforj . k

Ø l 0	vk; ke	Nk=		Nk=k; a		^Vh^ eku	l kFkZrk Lrj
		l a[; k =56 e/; e ku	ekud fopyu	l a[; k = 53 e/; e ku	ekud fopyu		
1	l kekftd eW;	<b>27.2</b> <b>4</b>	<b>4.30</b>	<b>28.3</b> <b>7</b>	<b>4.47</b>	<b>1.3</b> <b>4</b>	l kFkZd vUrj ugh gA
2	l kIn; kRed eW;	<b>29.3</b> <b>2</b>	<b>4.99</b>	<b>29.0</b> <b>5</b>	<b>4.14</b>	<b>0.3</b> <b>1</b>	l kFkZd vUrj ugh gA
3	vkfFkZd eW;	<b>31.0</b> <b>5</b>	<b>3.39</b>	<b>30.2</b> <b>4</b>	<b>3.72</b>	<b>1.1</b> <b>9</b>	l kFkZd vUrj ugh gA
4	/kfezd eW;	<b>29.4</b> <b>6</b>	<b>4.60</b>	<b>28.8</b> <b>3</b>	<b>3.76</b>	<b>0.7</b> <b>9</b>	l kFkZd vUrj ugh gA
5	jktu'rd eW;	<b>27.0</b> <b>3</b>	<b>3.45</b>	<b>27.3</b> <b>7</b>	<b>3.10</b>	<b>0.5</b> <b>5</b>	l kFkZd vUrj ugh gA
6	l S) kFUr d eW;	<b>27.9</b> <b>2</b>	<b>4.87</b>	<b>27.8</b> <b>3</b>	<b>4.36</b>	<b>0.1</b> <b>0</b>	l kFkZd vUrj ugh gA

i Lrj rkydk l a[; k 1ea 3nf' kr vkqMka l s Li "V grrk gSfd mPprj ek/; fed fo | ky; ka ea v/; ; ujr Nk= , oa Nk=kvka a ds nkuka l egr fofHkUu eW; ka ij pyfp= ds i Hkko dh n'V l s l eku gD; kfd ^Vh\* ij h{k.kds } jk nkuka l egrka ds e/; ekuka ea l kFkZd vrj ugha 3kr grrk gS fofHkUu eW; ka ; Fk & l kekftdeW; (t<sub>1</sub> = 1.34) l kIn; kRed eW; (t<sub>2</sub> = 0.31) vkfFkZd eW; (t<sub>3</sub> = 1.19) /kfezd eW; (t<sub>4</sub> = 0.79) jktu'rd eW; (t<sub>5</sub> = 0.55) rFk l S) kFUr d eW; (t<sub>6</sub> = 0.10) ij 3kr eku 108 Lor=rk v'kka ij rkydk eW; ( p0.01- 2.63, p0.05 – 1.98 ) l s de gS tks

Nk= , oa Nk=kvka a ds nkuka l egka ea l kfkzd vlrj i nf"kr ugh djrs gs Abl vk/kj ij i Fkeskl; i fjdYi uk dklodir fd; k x; kA

xkQ l a[; k &01

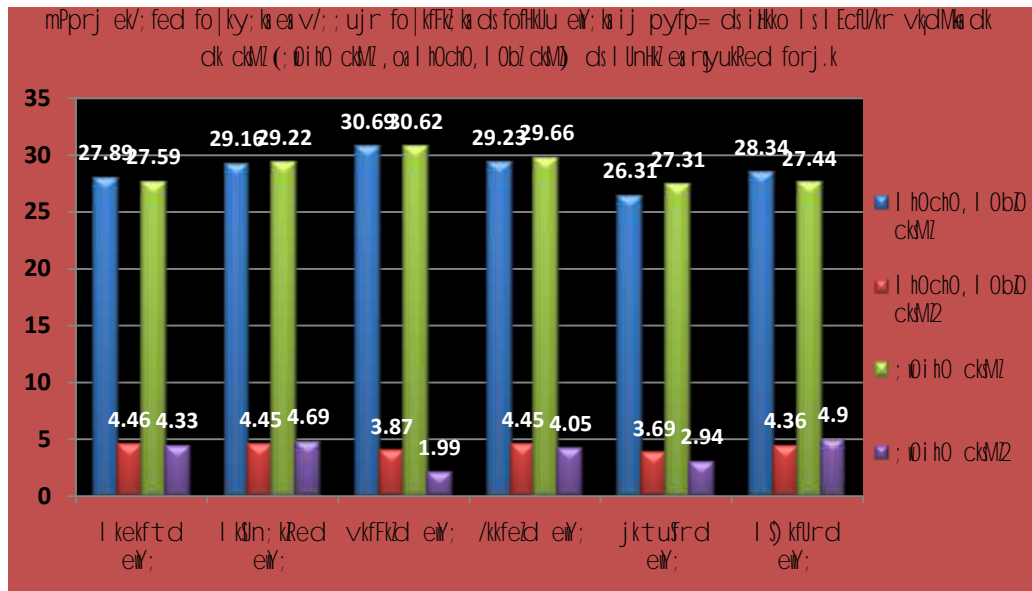


rkfydk l a[; k &02 mPprj ek/; fed fo |ky; ka ea v/; ; ujr fo |kfkz; ka ds fofHkuu eW; ka ij pyfp= ds i Hkko l s l EcfU/kr vkqDMka dk dkckMZ ( ; i di hO ckMZ , oa l hOcho, l Obz ckMZ) ds l UnHkz ea rnyukRed forj . k

Ø0 l Ø	vk; ke	l hOcho, l Obz ckMZ ; i di hO ckMZ		^Vh^ eku	l kfkzdrk Lrj		
		l a[; k =55 e/; ekud fopyu	l a[; k = 54 e/; ekud fopyu				
1	I kekftd eW;	27.89	4.46	27.59	4.33	0.35	I kfkz vlrj ugh gA
2	I kln; kRed eW;	29.16	4.45	29.22	4.69	0.07	I kfkz vlrj ugh gA
3	vkfKkd eW;	30.69	3.87	30.62	1.99	0.16	I kfkz vlrj ugh gA
4	/kkfed eW;	29.23	4.45	29.66	4.05	0.53	I kfkz vlrj ugh gA
5	jktufrd eW;	26.31	3.69	27.31	2.94	1.57	I kfkz vlrj ugh gA
6	I S) kFurd eW;	28.34	4.36	27.44	4.90	1.02	I kfkz vlrj ugh gA

i Lnr rkfydk l a[; k 2l s Li "V gkrk gs fd l hOcho, l Obz ckMZ , oa ; i di hO ckMZ dfo |kfkz; kads nkuka l eg fofHkuu eW; ka ij ; Fk & I kekftd eW; ] I kln; kRed eW; ] vkfKkd eW; ] /kkfed eW; ] jktufrd eW; rFk I S) kFurd eW; @vk; kela ij pyfp= ds i Hkko dh nf"V l s l eku gA nkuka l egka ds fo |kfkz; ka dk e/; eku yxHkx l eku gs l kfk gh l kfkzdrk ijh(k.k )kjk çlir Økfrd eku I kekftdeW; (t<sub>1</sub> = 0.35) ] I kln; kRed eW; (t<sub>2</sub> = 0.7) ] vkfKkd

eW; (t<sub>3</sub> = 0.16) /kkfēd eW; (t<sub>4</sub> = 0.53) jktuŕd eW; (t<sub>5</sub> = 1.57) rFk l Œ kŕd eW; (t<sub>6</sub> = 1.02) 108  
Lor=rk vŕkka i jrkfydk eW; (p0.01- 2.63, p0.05 – 1.98) l s de gŕ tks ; g Li "V djrs gŕfd l h0ch0, l ObD ckmZ  
, oa ; Œi h0 ckmZ dfo | kFkZ kacs nksuka l eg fofHkUu eW; ka ij pyfp= ds i Hkko dh nŕ"V l s l kFkZ vŕj ugha j [krs  
gA bl vk/kj ij ml jhŕkŕ; ifjdYi uk dks Lohdr fd; k x; kA  
xkQ l a[; k &02

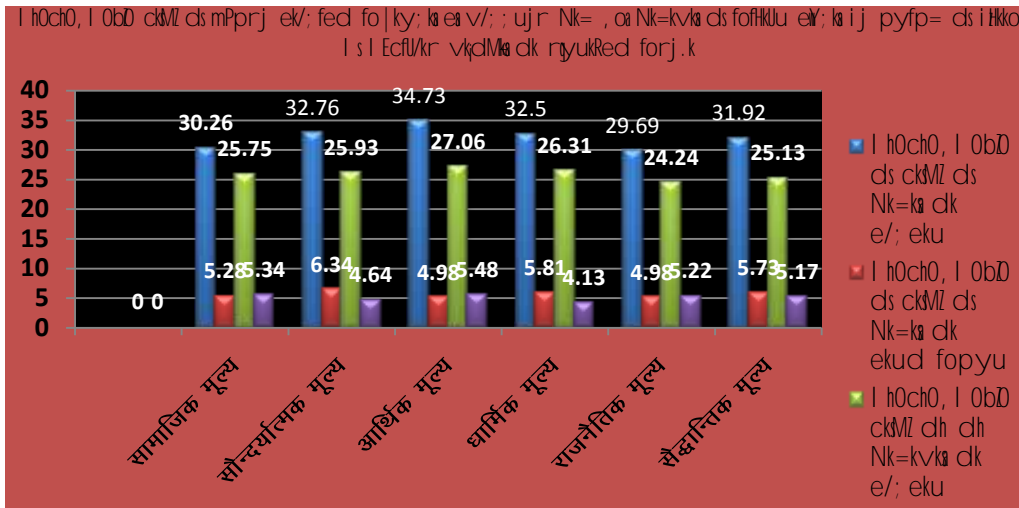


rkydk l a[; k &03 l h0ch0, l ObD ckmZ ds mPprj ek/; fed fo | ky; ka ea v/; ; ujr Nk= , oa Nk=kvka  
ds fofHkUu eW; ka ij pyfp= ds i Hkko l s l EcfU/kŕ vkŕMka dk rnyukRed forj.k

Œ0 l Œ	vk; ke	I h0ch0, l ObD ckmZds Nk= l a[; k =29 ekud fopyu e/; eku	I h0ch0, l ObD ckMzdch Nk=k; Œ l a[; k = 26 ekud fopyu	^Vh^ eku	l kFkZrk Lrj		
1	I kekftd eW;	30.26	5.28	25.75	5.34	3.09	0.01
2	I kŕn; kRed eW;	32.76	6.34	25.93	4.64	4.51	0.01
3	vkFFkZd eW;	34.73	4.98	27.06	5.48	5.31	0.01
4	/kkfēd eW;	32.50	5.81	26.31	4.13	4.51	0.01
5	jktuŕd eW;	29.69	4.98	24.24	5.22	3.88	0.01
6	l Œ kŕd eW;	31.92	5.73	25.13	5.17	4.53	0.01

l Lrj rkydk l a[; k 3 ea çnf' kŕ vkŕMka l s Li "V gkŕk gŕfd l h0ch0, l ObD ckmZ ds mPprj ek/; fed  
fo | ky; ka ea v/; ; ujr Nk= , oa Nk=kvka dksuka l eg fofHkUu eW; ka ij ; Fk & l kekftd eW; ] l kŕn; kRed eW; ]  
vkFFkZd eW; ] /kkfēd eW; ] jktuŕd eW; rFk l Œ kŕd eW; @vk; keka ij pyfp= ds i Hkko dh nŕ"V l s l eku  
ughagA l h0ch0, l ObD ckmZ ds Nk=ka dk e/; eku l eku ckmZ dh Nk=kvka dh rnyuk ea çR; Œ vk; ke ij vf/kd gŕ  
tks ; g Li "V djrk gŕfd Nk=kvka dh rnyuk ea Nk=ka ds fofHkUu eW; ka ij pyfp= dk çHkko vf/kd i Mŕk gŕ  
Al kFkZrk ij h{k.k }kj çlŕ eku l kekftdeW; (t<sub>1</sub> = 3.09) l kŕn; kRed eW; (t<sub>2</sub> = 4.51) vkFFkZd eW; (t<sub>3</sub> =  
5.31) /kkfēd eW; (t<sub>4</sub> = 4.51) jktuŕd eW; (t<sub>5</sub> = 3.88) , oa l Œ kŕd eW; (t<sub>6</sub> = 4.53) 54 Lor= vŕkka

ijrkfydk eW; (p0.01- 2.68, p0.05 – 2.01) l s vf/kd gS tks ; g Li "V djrs gS fd nksuka l engka ds e/; ekuka ds chp 54 Loræ v'kka ij 0-01 Lrj ij l kFkd vUrj gAbI vk/kkj ij rhl jh'k; ij fdYi uk dks vLohdr fd; k x; kA xkQ l a[; k &03

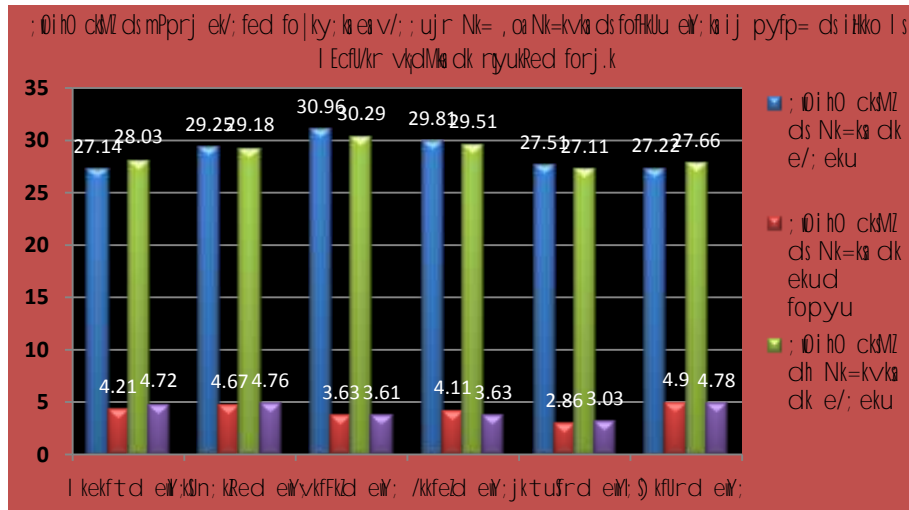


rkydk l a[; k &04 ; i h0 ckMZ ds mPprj ek/; fed fo | ky; ka ea v/; ; ujr Nk= , oa Nk=kvka ds fofHkUu eW; ka ij pyfp= ds i Hkko l s l EcfU/kr vkqMka dk rnyukRed forj .k

Ø	vk; ke	I a[; k =27 e/; eku ekud fopyu	I a[; k = 27 e/; eku ekud fopyu	^v h' eku	I kFkd rLrj		
1	I kelftd eW;	27.14	4.21	28.03	4.72	0.72	I kFkd vUrj ugh gA
2	I kSn; kRed eW;	29.25	4.67	29.18	4.76	0.05	I kFkd vUrj ugh gA
3	vkFFkd eW;	30.96	3.63	30.29	3.61	0.67	I kFkd vUrj ugh gA
4	/kkfeid eW;	29.81	4.11	29.51	3.63	0.28	I kFkd vUrj ugh gA
5	jktufrd eW;	27.51	2.86	27.11	3.03	0.49	I kFkd vUrj ugh gA
6	I S) kfuRd eW;	27.22	4.90	27.66	4.78	0.33	I kFkd vUrj ugh gA

i Lrj rkydk ea çnf' kr vkqMka l s Li "V gS fd ; i h0 ckMZ ds Nk= , oa Nk=kvka ds fofHkUu eW; ka Fkk &I kelftd eW; ] I kSn; kRed eW; ] vkFFkd eW; ] /kkfeid eW; ] jktufrd eW; ; rFkk I S) kfuRd eW; ka ij pyfp= dk i Hkko yxHkx l eku gD; kf'd bu vk; keka ij ; i h0 ckMZ ds Nk= , oa Nk=kvka dk e/; eku yxHkx l eku gS l kFk gh bu e/; ekuka dk I kFkd rLrj ij ij h(k.k djus ij Økfrd eku I kelftd eW; (t<sub>1</sub> = 0.72) ] I kSn; kRed eW; (t<sub>2</sub> = 0.05) ] vkFFkd eW; (t<sub>3</sub> = 0.67) ] /kkfeid eW; (t<sub>4</sub> = 0.28) ] jktufrd eW; (t<sub>5</sub> = 0.49) rFkk I S) kfuRd eW; (t<sub>6</sub> = 0.33) ] i klr gq] tks 53 Loræ v'kka ij rkydk eW; ( p0.01- 2.68, p0.05 – 2.01) l s de gS ftl l s ; g Li "V gsrk gS fd nksuka l engka efofHkUu eW; ka ij pyfp= ds i Hkko dh nf"V l s l kFkd vUrj ugh gS r% bl vk/kkj ij prFk'k; ij fdYi uk dks Lohdr fd; k x; kA

खकQ I अ; k & 04

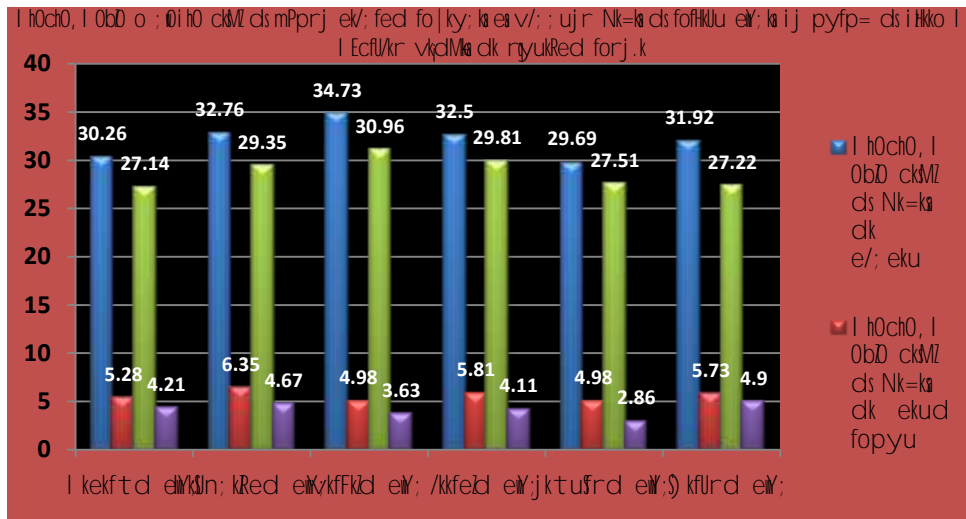


rkfydk I अ; k & 05\_ I h0ch0, I ObD o ; I i h0 ckMZ ds mPprj ek/; fed fo|ky; ka ea v/; ; ujr Nk=ka ds fofHkuu eW; ka ij pyfp= ds i Hkko I s I EcfU/kr vkqMka dk ngyukRed forj .k

Ø0 I Ø	vk; ke	I h0ch0, I ObD ckMZ Nk=		; I i h0 ckMZ ds Nk=		^Vh^ eku	I kFkd r k Lrj
		I अ; k = 29		I अ; k = 27			
		e/; eku	ekud fopyu	e/; eku	ekud fopyu		
1	I kekftd eW;	30.26	5.28	27.14	4.21	2.41	0.05
2	I kIn; kRed eW;	32.76	6.35	29.35	4.67	2.26	0.05
3	vkfFkd eW;	34.73	4.98	30.96	3.63	3.19	0.01
4	/kkfeld eW;	32.50	5.81	29.81	4.11	1.97	I kFkd vlrj ugh gA
5	jktufrd eW;	29.69	4.98	27.51	2.86	1.99	I kFkd vlrj ugh gA
6	I S kfuRd eW;	31.92	5.73	27.22	4.90	3.25	0.01

I Lrq rkfydk I अ; k 5 I s Li "V gkrk gS fd I h0ch0, I ObD ckMZ ds Nk=ka ds fofHkuu eW; ka ij pyfp= dk i Hkko ; I i h0 ckMZ ds Nk=ka dh vi s k vf/kd gS D; kfd bul Hkh vk; keka ij I h0ch0, I ObD ckMZ ds Nk=ka dk e/; eku vf/kd gS I kFkd r k Lrj ij ij h (k.k djus ij I kekftd eW; (t<sub>1</sub> = 2.41) , oa I kIn; kRed eW; (t<sub>2</sub> = 2.26) ij 0.05 Lrj ij I kFkd vrj çkIr gWk tcd vkfFkd eW; (t<sub>3</sub> = 3.19) rFkk I S kfuRd eW; (t<sub>6</sub> = 3.25) ij 0.01 Lrj ij I kFkd vrj çkIr gWk yfdu /kkfeld eW; (t<sub>4</sub> = 1.97) , oa jktufrd eW; (t<sub>5</sub> = 1.99) ij pyfp= ds i Hkko dh "V I s I kFkd vlrj ugha ik; k x; k gS r% bl vk/kj ij ipe k; ij fdYiuk vf/kdk k I hekrd vLohdr dh x; hA

xkQ I a[; k & 05



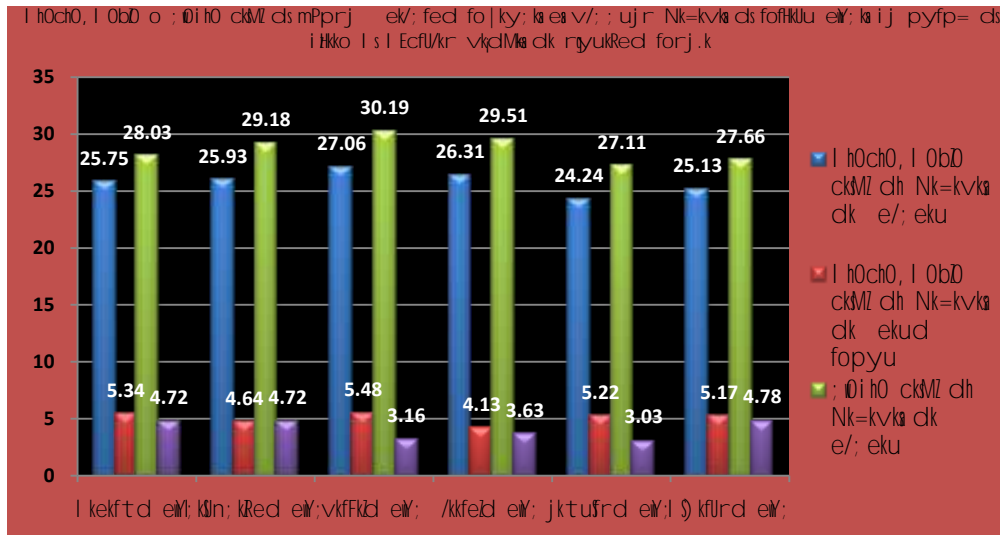
rkfydk I a[; k & 06 I h0ch0, I ObD o ; i h0 ckMz ds mPprj ek/; fed fo|ky; ka ea v/; ; ujr Nk=kvka ds fofHkuu eW; ka ij pyfp= ds i Hkko I s I EcfU/kr vkqMka dk nyukRed forj .k

Ø0 I d	vk; ke	I h0ch0, I ObD ckMz ; i h0 ckMz Nk=k; a I a[; k =26 e/; eku ekud fopyu	I a[; k = 27 e/; eku ekud fopyu	^vtr eku	I kFkdrrk Lrj		
1	I kekftd eW;	<b>25.75</b>	<b>5.34</b>	<b>28.03</b>	<b>4.72</b>	<b>1.61</b>	I kFkd vLrj ugh gA
2	I kIn; kRed eW;	<b>25.93</b>	<b>4.64</b>	<b>29.18</b>	<b>4.72</b>	<b>2.48</b>	<b>0.05</b>
3	vkfFkd eW;	<b>27.06</b>	<b>5.48</b>	<b>30.19</b>	<b>3.16</b>	<b>2.49</b>	<b>0.05</b>
4	/kkfed eW;	<b>26.31</b>	<b>4.13</b>	<b>29.51</b>	<b>3.63</b>	<b>2.93</b>	<b>0.01</b>
5	jktufrd eW;	<b>24.24</b>	<b>5.22</b>	<b>27.11</b>	<b>3.03</b>	<b>2.39</b>	<b>0.05</b>
6	I S) kFUrd eW;	<b>25.13</b>	<b>5.17</b>	<b>27.66</b>	<b>4.78</b>	<b>1.81</b>	I kFkd vLrj ugh gA

rkfydk I a[; k 6 ea i Lrj vkqMka I s Li "V gS fd I h0ch0, I ObD ckMz dh Nk=kvka ds fofHkuu eW; ka ij pyfp= dk i Hkko ; i h0 ckMz dh Nk=kvka dh vi\$kk de g\$ D; kfd I Hk eW; ka ij ; i h0 ckMz dh Nk=kvka dk e/; eku vf/kd gA bu e/; ekuka ds varj dh I kFkdrrk dk ijh{k.k djus ij I kIn; kRed eW; ( $t_2 = 2.48$ ) vkfFkd eW; ( $t_3 = 2.49$ ) , oajktufrd eW; ( $t_5 = 2.39$ ) ij 0.05 Lrj ij I kFkd varj çklr gpyk rFk /kkfed eW; ( $t_4 = 2.93$ ) ij 0.01 Lrj ij I kFkd varj çklr gpyk yfdu I kekftd eW; ( $t_1 = 1.61$ ) rFk I S) kFUrd eW; ( $t_6 = 1.81$ ) ij pyfp= ds i Hkko dh "V I s I kFkd vLrj ugha i k; k x; k gS vr% bl vk/kkj ij NBh; ij fdYi uk dks vf/kdkk I hek rd vLotdr fd; k x; k A



xkQ l af; k &06



eq[; fu"d"kl %&iLr; r kksk mPprj ek/; fed fo |ky; ka ea v/; ; ujr fo |kffkZ ka ds eW; ka ij pyfp= ds i Hkko dk v/; ; u ckmZ, oa fya ds vk/kkj ij fd; k x; k g\$ ftl ds eq[; ij .kke fuEuor~g\$%&

1. fofHkUu eW; ka ij pyfp= ds i Hkko dh d'V l s mPprj ek/; fed fo |ky; ka ea v/; ; ujr Nk= , oa Nk=kvka d'e/; l kfkZd vUrj ugh gA
2. fofHkUu eW; ka ij pyfp= ds i Hkko dh d'V l s l h0ch0, l ObD , oa ; i0i h0 ckmZ ds fo |kffkZ ka ed kfkZd vUrj ugh gA
3. l h0ch0, l ObD ckmZ ds mPprj ek/; fed fo |ky; ka ea v/; ; ujr Nk= , oa Nk=kvka ds fofHkUu eW; ka ij pyfp= ds i Hkko dh d'V l s l kfkZd vUrj gA
4. l h0ch0, l ObD ckmZ ds Nk=ka ds fofHkUu eW; ka ij pyfp= dk cHkko l h0ch0, l ObD ckmZ dh Nk=kvka dh ngyuk ea vf/kd i Mfk gSA
5. ; i0i h0 ckmZ ds mPprj ek/; fed fo |ky; ka ea v/; ; ujr Nk= , oa Nk=kvka ds fofHkUu eW; ka ij pyfp= ds i Hkko dh d'V l s l kfkZd vUrj ugh gA
6. l h0ch0, l ObD o ; i0i h0 ckmZ ds Nk=ka ea l keftd ] l kSn; kRed ] vkffkZd , oa l s kfuRd eW; ka ij pyfp= ds i Hkko dh d'V l s l kfkZd vUrj g\$yfdul/kkfeZd eW; , oa jktu\$rd eW; dh d'V l s l kfkZd vUrj ugh gA
7. l h0ch0, l ObD ckmZ ds Nk=ka ds fofHkUu eW; ka ij pyfp= dk cHkko ; i0i h0 ckmZ ds Nk=ka dh ngyuk ea vf/kd i Mfk gS
8. fofHkUu eW; ka ij pyfp= ds i Hkko dh d'V l s l h0ch0, l ObD o ; i0i h0 ckmZ dh Nk=kvka d'e/; l kSn; kRed ] vkffkZd]/kkfeZd eW; , oa jktu\$rd eW; ka j l kfkZd vUrj g\$yfdul keftd, oa l s kfuRd eW; ka j l kfkZd vUrj ugh gSA
9. l h0ch0, l ObD ckmZ dh Nk=kvka dh ngyuk ea ; i0i h0 ckmZ dh Nk=kvka ds fofHkUu eW; ka ij pyfp= a dk cHkko vf/kd i Mfk gSA

I pko» fo | kfkz ka ea fofhku eW; ka dks cuk, j [kus ds fy, fuEu I pko i Lrkfor g&

1. fo | kfkz ka dks egku ykxka ds dk; k l s vks muds thou l s ifjpr djk; k tk; A
2. fo | kfkz ka ea jk"V<sup>o</sup> Hkkouk dks tkxr fd; k tk, rFkk mlGajk"V<sup>o</sup> l ok ds ifr ifjr fd; k tk, A
3. fo | ky; ka es l e; & l e; ij dk; Z'kkyk l feukj vkfn dk vk; kstu fd; k tk; s rFkk , d s i k B; Øeka dk fuekz k fd; k tk; sftul a fo | kfkz ka es fofhku eW; ka dk fodkl gks l dA
4. fo | ky; ka es P"kk ds l kfk&l kfk fofhku dk; Øeka dk Hkh vk; kstu fd; k tk; A
5. fo | kfkz ka dks vPNa pyfp= ns[kus ds fy, ifjr fd; k tk; A
6. fo | ky; ka ea fo | kfkz ka dks , d k okroj . k inku djsftl l s muea l fopkj ka dk vkxeu gkA

I UnHkz l iph

tjh ]tkt Vku(1991)-bvt fdfYyx vkaj fdM - uskfoYyh ; , l % Mlym iflyf'kx xj -

l DI ukj xkj ky- 1/2000% Vsyhtotu ds fodkl , oa i Hkko l Ecll/kh vl; ; u-ubl fnYyh% fodkl i f'yd's'ku gkAl -

dekj] e/kj 1/2003% fd''kij chydka ds eW; ka fodkl ij l kedu; o efnjk l pu djus okys vfhHkkodka ds 0; ogkj ds i Hkko dk ryukRed vl; ; u- y?kq' ksk i cU/k

; ku; YteklV djkyh 1/2005% Vsyhtotu ds l ekt ij i Hkko l Ecll/kh vl; ; u- y?kq' ksk i cU/k

fl Mh f'kucs : पिआजे एंड पॉवर रेन्जेस व्हाट कौन थिओरिज ऑफ डेवलपमेंटल साइकोलॉजी टेल्स अस अबाउट फयमलु , M ehfM; k \ bu 'kjkku vkj - ekTtjyYk 1/2007% 20 Dos'pUl vckmV ; Fk , M ehfM; k न्यूयॉर्क : i hvj y&

pkkjh] ju 1/2007% eW; P"kk&i dfr , oa vko''; drk&eW; , oa ufrd P"kk.k t; ij % vi ksyk i dkk''ku-

skel] pln' k[kj 1/2012% njn''ku dk; Øeka dk fd''kij fo | kfkz ka ds skf'kd eW; ka ij i Hkko- y?kq' ksk i cU/k

शक्ति, P'kol 1/2013%''kgjh , oa xteh.k {ks=ka ds fd''kij fo | kfkz ka ds pyfp= l s i Hkfor eW; vfhkfol; kl dkv/; ; u] -y?kq' ksk i cU/k